

DIETETICS

and the NDIS



REGISTERED
NDIS
PROVIDER



Dietitians work closely with you to provide nutrition advice to support your health and wellbeing. They take a detailed assessment to provide personalized education and advice to help you reach your goals.

Dietitians can assist in a range of different areas and can be an important part of your NDIS plan.

How can a dietitian help?



EDUCATION & ADVICE

- Practical healthy eating advice and education and assistance with preparing healthier meals
- Help with fussy eating
- Education of carers and family members



DIETARY MANAGEMENT

Assist with the dietary management of chronic diseases such as kidney disease, high cholesterol levels, neurodegenerative diseases, gastrointestinal conditions and stroke



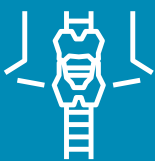
DIABETES SUPPORT

Diabetes management and controlling your blood sugar levels through healthy eating



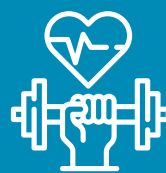
PEG FEEDING

Management of supplements for PEG feeds and oral nutrition supplements



SWALLOWING SUPPORT

Support clients who have difficulty swallowing and chewing by informing them which foods and fluids are appropriate



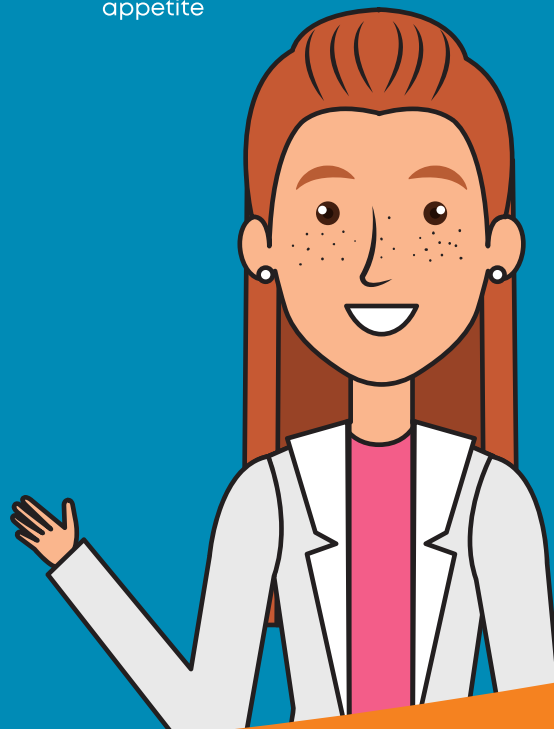
WEIGHT CONTROL

Advise on strategies to assist with weight gain such as healthy meal plans and portion control
Unintentional weight loss and decreased appetite



ALLERGY SUPPORT

Management of food intolerances and allergies



Book your appointment now at:

WWW.VIVIR.COM.AU/NDIS-DISABILITY-SERVICES