

# HOMECARE & DISABILITY SERVICES

All services are delivered by our dedicated team of allied health professionals.

Our quality service provides the individual with supported independence in their own home. Our client's personal preferences are listened to, understood and met. We deliver individual treatment programs tailored specifically to help clients achieve their goals!

We focus on:

- Consumer directed care
- Wellness and reablement philosophy
- Excellent service provision to support autonomy, choice and control



## WE COME TO YOU



IN HOME



RESIDENTIAL AGED CARE FACILITIES



RETIREMENT INDEPENDENT LIVING COMMUNITY CENTRES

## ALLIED HEALTH SERVICES



### DIETETICS

Dietitians assess and review client's current dietary intake, weight, oral supplements, and medical history to ensure the resident's nutritional needs are met.

- Provide dietary recommendations and supplements to address nutritional concerns
- Provide education programs and menu reviews



### SPEECH THERAPY

Speech pathologists assess and review a client's speech and swallowing needs.

- Improving dysphagia
- Improve speech impairments
- Assess swallowing difficulties



### PHYSIOTHERAPY

Physiotherapists are vitally important in helping clients achieve their functional goals and maintain their independence.

- Improve balance and reduce risk of falls
- Improve strength and flexibility
- Improve mobility to maintain independence
- Assess and manage musculoskeletal conditions
- Assess and manage neurological conditions
- Provide intervention and treatment post surgery and post hospital admission.



### EXERCISE PHYSIOLOGY

- Rehabilitation programs
- Exercise prescription for cognitive and functional improvement



### OCCUPATIONAL THERAPY

Occupational therapists work with the clients to improve and maintain their engagement in all areas of daily living. Allowing individuals to participate in the things they want to do the most.

- Dementia support programs
- Assessing for and organising home modifications
- Prescription of wheelchairs, pressure cushions and seating
- Prescription of equipment such as mobility aids and appliances to help with daily living tasks
- Cognitive assessment and retraining